**Introduction**

[Number] productivity tips that I can use to improve my [productivity metric]

Example:

* 10 productivity tips that I can use to improve my focus:
  + Take breaks every [amount of time].
  + Work in a quiet environment.
  + Eliminate distractions.
  + Use a timer to track your time.
  + Take a power nap.
  + Exercise regularly.
  + Eat healthy foods.
  + Get enough sleep.
  + Meditate or do yoga.

Instructions:

1. Fill in the placeholder [amount of time] with the amount of time you want to take for each break.
2. Fill in the placeholder [productivity metric] with the productivity metric you want to improve.

Examples of productivity metrics:

* Focus
* Time management
* Creativity
* Productivity
* Organization
* Stress management
* Procrastination
* Goal setting
* Time tracking

Tips:

* Be specific when filling in the placeholders.
* Try out different tips and see what works best for you.
* Be patient and consistent with your efforts.

**Prompt Lists:**

1. **[Number] productivity tips that I can use to improve my [productivity metric]**
2. **[Task] that I can do to [improve my productivity metric] in [amount of time]**
3. **A [productivity metric]-boosting morning routine that I can follow**
4. **A [productivity metric]-boosting evening routine that I can follow**
5. **A [productivity metric]-boosting productivity hack that I can use**
6. **A [productivity metric]-boosting app or tool that I can use**
7. **A [productivity metric]-boosting book that I can read**
8. **A [productivity metric]-boosting podcast that I can listen to**
9. **A [productivity metric]-boosting blog that I can follow**
10. **A [productivity metric]-boosting community that I can join**
11. **[Number] productivity tips that I can use to improve my focus**
12. **[Number] productivity tips that I can use to improve my time management**
13. **[Number] productivity tips that I can use to improve my creativity**
14. **[Number] productivity tips that I can use to improve my productivity**
15. **[Number] productivity tips that I can use to improve my organization**
16. **[Number] productivity tips that I can use to improve my stress management**
17. **[Number] productivity tips that I can use to improve my procrastination**
18. **[Number] productivity tips that I can use to improve my goal setting**
19. **[Number] productivity tips that I can use to improve my time tracking**
20. **[Task] that I can do to improve my focus in [amount of time]**
21. **[Task] that I can do to improve my time management in [amount of time]**
22. **[Task] that I can do to improve my creativity in [amount of time]**
23. **[Task] that I can do to improve my productivity in [amount of time]**
24. **[Task] that I can do to improve my organization in [amount of time]**
25. **[Task] that I can do to improve my stress management in [amount of time]**
26. **[Task] that I can do to improve my procrastination in [amount of time]**
27. **[Task] that I can do to improve my goal setting in [amount of time]**
28. **[Task] that I can do to improve my time tracking in [amount of time]**
29. **A [productivity metric]-boosting morning routine that I can follow to improve my focus]**
30. **A [productivity metric]-boosting morning routine that I can follow to improve my time management]**
31. **A [productivity metric]-boosting morning routine that I can follow to improve my creativity]**
32. **A [productivity metric]-boosting morning routine that I can follow to improve my productivity]**
33. **A [productivity metric]-boosting morning routine that I can follow to improve my organization]**
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36. **A [productivity metric]-boosting morning routine that I can follow to improve my goal setting]**
37. **A [productivity metric]-boosting morning routine that I can follow to improve my time tracking]**
38. **A [productivity metric]-boosting evening routine that I can follow to improve my focus]**
39. **A [productivity metric]-boosting evening routine that I can follow to improve my time management]**
40. **A [productivity metric]-boosting evening routine that I can follow to improve my creativity]**
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42. **A [productivity metric]-boosting evening routine that I can follow to improve my organization]**
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44. **A [productivity metric]-boosting evening routine that I can follow to improve my procrastination]**
45. **A [productivity metric]-boosting evening routine that I can follow to improve my goal setting]**
46. **A [productivity metric]-boosting evening routine that I can follow to improve my time tracking]**
47. **A [productivity metric]-boosting productivity hack that I can use to improve my focus]**
48. **A [productivity metric]-boosting productivity hack that I can use to improve my time management]**
49. **A [productivity metric]-boosting productivity hack that I can use to improve my creativity]**
50. **A [productivity metric]-boosting productivity hack that I can use to improve my productivity]**
51. **A [productivity metric]-boosting productivity hack that I can use to improve my organization]**
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89. **A [productivity metric]-boosting blog that I can follow to improve my procrastination]**
90. **A [productivity metric]-boosting blog that I can follow to improve my goal setting]**
91. **A [productivity metric]-boosting blog that I can follow to improve my time tracking]**
92. **A [productivity metric]-boosting community that I can join to improve my focus]**
93. **A [productivity metric]-boosting community that I can join to improve my time management]**
94. [Productivity metric]-boosting community that allows you to connect with a partner for focused work sessions.
95. [Productivity metric]-boosting community that provides resources and support for people who want to improve their focus and productivity.
96. [Productivity metric]-boosting community that offers a 30-day challenge to help you improve your productivity.
97. [Productivity metric]-boosting community that provides a forum for people to share tips and advice on productivity.
98. [Productivity metric]-boosting community that offers a variety of resources and tools to help you improve your productivity.
99. **[productivity metric]-boosting community that I can join to improve my time management]**
100. [Productivity metric]-boosting community that provides resources and support for people who want to improve their time management and overall well-being.